

When you're older you won't remember much. You're just hurting your body by doing it. Don't do drugs. Don't do meth! It can affect you in many ways. You can get major problems by it. (Get help) from family and friends you can also sing into rehab for help. The people who are affected are not only struggling with personal problems but have mental emotional problems. Takes away your family and friends. decide easily may become harder because of meth and decision making skills. crystal meth is very bad. I don't know much about it and I don't plan to by experience. say no to drugs. crystal meth will affect your day to day coping skills. What you may family and friends. trust say no! I don't do it because it would affect my performance in sports. I don't have a crystal meth problem because I have to be drug free for sports. It is not healthy and I need my brain for secondary schooling. People who have families have it all. Then they do meth and change everything. some get their kids taken away. and end up losing everything they have. Meth kills "ur" brain. tears your family apart and slowly kills "ur" self! Meth is gross cause it smade from stuff under a sink. Meth is a hard core drug that pretty much kills you by eating your skin away. It makes you very ill. Meth is a bad drug because it messes you up really bad. I don't use meth cause its bad for you. Meth is BAD. Make you ugly and skinny...ew! don't do meth because it's really bad for every part of your body. It eat it away and it is I don't have experience with crystal meth because I have sports be drug free for and I don't stray with people who do drugs. I just leave them. makes you look old and ugly. meth takes over your brain and makes you go crazy. also it is very addictive. ■



*Meth controls your Life  
and damages your life and makes  
you Lose your Friends + Family.*



Inspired by the students of:  
**Salmon Arm Secondary School, Salmon Arm BC  
Jackson Campus**

► The people who are affected are not only struggling with personal problems but have mental emotional problems. Takes away your family and friends. When you're older you won't remember much. You're Meth will mess you up real bad. Don't do drugs!! crystal meth is a very bad drug that is very addictive and is a very good way to ruin your whole life. It makes you crazy! You can get stuck in a sex phase where all you do is have sex very ill. Meth is a bad drug because it messes you up really bad. I don't use meth cause its bad for you. Meth is BAD. Make you ugly and skinny...ew! don't do meth because it's really bad for every part of your body. It eat it away and it is